

## Brasil Ride Bahia 2023 - Bulletin 1 -

Dear participant of Brasil Ride 2023

There are only a few days left for another edition of this event that will be more than a race, it will be a stage in your life.

Here's some important information that will help you in your planning for the race.

## Summarized Agenda

- Saturday, October 21<sup>st</sup>: Athletes' kit pick-up at the Brasil Ride Villa in Arraial d'Ajuda (presentation of a medical certificate is mandatory). The medical certificate must be signed and stamped by your doctor.
- Sunday, October 22<sup>nd</sup> 1<sup>st</sup> stage, in Arraial d'Ajuda.
- Monday, October 23<sup>rd</sup> 2<sup>nd</sup> stage from Arraial d'Ajuda to Brasil Ride camp in Guaratinga.
- Tuesday, October 24<sup>th</sup> 3<sup>rd</sup> stage, start and finish in Villa Brasil Ride, Guaratinga.
- Wednesday, October 25<sup>th</sup> 4<sup>th</sup> stage, start and finish in Villa Brasil Ride, Guaratinga.
- Thursday, October 26<sup>th</sup> 5<sup>th</sup> stage from Guaratinga to Eunápolis. From there the athletes will be transported by bus, and the bikes by truck.
- Friday, October 27<sup>th</sup> 6<sup>th</sup> stage, time trial in Arraial d'Ajuda.
- Saturday, October 28<sup>th</sup> Brasil Ride last stage and Discovery Marathon Closing party in Arraial d'Ajuda at the Uiki.

While in Arraial d'Ajuda, Villa Brasil Ride venue is located at the ocean front "Uiki", and there is no possibility to camp. Participants should take care of their own lodging, in one of the dozens of "pousadas", hotels and rental homes in town.

#### Villa Brasil Ride structures:

In Arraial d'Ajuda, Villa Brasil Ride will have an ocean front location, and host kit collection, start and finish of the stages around Arraial d'Ajuda, and convenience facilities for athletes, such as a bar, restaurant, massage lounge, bike repair and parts shops, and bike wash.

Villa Brasil Ride at <u>Uiki</u>, is located by the ocean (Estrada da Pitinga, s/nr). The Uiki Parracho is about 1.3 Km from downtown Arraial d'Ajuda.

The dinners, briefing, daily award ceremonies, photo and video exhibition will take place elsewhere, in the gymnasium at <u>Arraial d'Ajuda Municipal School</u>, where access is exclusive to registered athletes.

In Guaratinga for three nights (October 23<sup>rd</sup>, 24<sup>th</sup> and 25<sup>th</sup>) the Villa Brasil Ride will be set up along with the campsite, which is about 130 Km from Arraial d'Ajuda, and 9 Km from the city of Guaratinga, by dirt roads. This is a small town in Bahia's countryside with very little hotel structure, and yet, offering plenty of beaufitul landscapes. All athletes, staff members, volunteers and members of the organization will be accommodated at the camp.

One of the new features this year will be the 5<sup>th</sup> stage, an unprecedented stage and route, where the athletes leave the camp and head to Eunápolis where the stage ends. From there you will have a transfer to Arraial d'Ajuda by bus and bikes by truck.

In the camp area, Vivo and Claro mobile operators offer good 3G data coverage.

There will be an individual tent with a mattress (wrapped in plastic) and sheets for each athlete. In the same area there are VIP bungalows (larger tents) that were purchased in advance by some athletes.

Villa Brasil Ride infrastructure was set up in a private farm to receive the athletes, staff members and the organization, and EVERYONE will be camping there. Only the above mentioned people will be allowed to spend the night. During the day, the public will be allowed to explore and follow the competition at the campsite, while respecting the areas that will be exclusive to the athletes. Friends, mechanics and family members will be allowed in the public areas, but after 6 p.m., people that are not in the race structure WILL NOT BE ALLOWED to stay or camp in the surroundings.

The following facilities are intended for the exclusive use of athletes, and access is strictly forbidden to people outside the race structure: bathrooms and showers, tent area, restaurant, bike park, bike wash and hydration area in the arena.

The highlights in the camp structure are:

<sup>•</sup> Main restaurant for athletes, where breakfast and dinner will be served. This is the place for the daily awards ceremony for each stage, the briefing for the next stage, and the show that will be livestreamed on YouTube take place. The entrance of escorts is not allowed, but they will be able to follow the ceremony live on YouTube.

• Brasil Ride Lounge, for athletes' socialization and rest.

• Food and beverage sales for athletes.

• Restrooms and showers in containers. The bathroom in camp is not intended to washing clothes, shoes, helmets, or gloves.

- Massage lounge.
- Bike wash for cleaning bikes, helmets and shoes (only members of the staff can operate the machines to wash your bike).
- Bike park, for securely parking your bike. Only athletes can pick up their own bikes.
- Shimano Neutral Assistance.
- Medical station.
- Power outlet to charge mobile phones, GPS, and other electronics (220V).
- Drinking water supply.
- Tent area: exclusive access to athletes, no bikes allowed.

#### **Evening Awards Dinner**

A dinner is offered to the athletes every evening (except October 26<sup>th</sup>), followed by the award ceremony for each stage, the briefing with details and tips for the next day's stage and the photos and videos of the day. This ceremony will be broadcast live, and can be accompanied by friends and family through the Brasil Ride YouTube channel. Dinner is exclusive to the athletes, and the access of escorts and family members is not allowed. There is no sale of individual tickets to dinners.

#### **Race Logistics**

In the registration kit, athletes will receive an 80-liter Brasil Ride duffel bag. Everything you will use in the three days at the camp must be packed in this bag. This bag must be delivered with an identification tag to the organization that will transport it to the camp. The same will happen on the way from the camp to Arraial d'Ajuda.

No other kind of bag will be accepted.

Bike or wheel cases and bags will not be transported, and must be stored at your hotel in Arraial d'Ajuda.

In the 5<sup>th</sup> stage, which starts at the camp and ends in Eunápolis, the athletes must load their bags to be picked up in Arraial d'Ajuda. For greater convenience, you can also separate a bag that you will receive at the end of the stage in Eunápolis, where you can change before hopping on the bus to go back to Arraial.

## Bike Park and moving around Arraial

The bike park is intended to park your bike after the end of each stage. Only athletes can access the bike park. In Arraial d'Ajuda, at the beach arena, the bike park is open until 6 p.m., and no bike can stay overnight. The Arraial d'Ajuda arena is located about 1.3 Km from the city center, and the restaurant in the municipal school gym is 700 m from the center. Athletes can move around to the arena and dinner on their bikes – there will be bike parkings in both places.

During the camp in Guaratinga, the bikes stay overnight in the bike park, and are not allowed in the tent area.

#### Assistance on the course

Each stage will have assistance points strategically located along the course, with water and food. The amount and location of assistance points will be informed during the briefings before each stage. We will have mineral water available at the feed zones.

MINERAL WATER IS EXCLUSIVE FOR DRINKING, AND IT IS NOT INTENDED FOR OTHER PURPOSES (WASHING HANDS, BOTTLES, PARTS, BATH ETC...). Athletes seen using mineral water improperly will be notified and may be penalized in case of repeated violations.

## Monitoring or External Support during the Race

Any kind of external support to athletes along the course is not allowed. Cars or motorcycles with mechanics, photographers, cameramen or any kind of accompaniment will NOT be allowed in the stages. Athletes who have any kind of support will be penalized.

## Suggestions for camp:

Here's some tips for what to bring in your duffel bag to camp:

• Personal care articles: toothbrush and tooth paste, soap, shampoo, deodorant, razor, chafing cream, towel;

• Padlock (preferably combination); It will be used to lock your bag, and then to secure your tent;

- Clothes for each stage (3 jerseys, 3 bibs, 3 pairs of socks and gloves);
- Sleeping bag or a small blanket;

• Supplements for the three stages. Prepare your portions in ziplocks to save weight and space;

- Sunscreen;
- Insect repellent;
- · Personal medication;
- Plastic bag for dirty clothes;
- Clean underwear (3 pairs);
- Casual clothes: 1 pair of shorts, 1 pair of pants, 1 pair of shoes, 3 shirts, socks, and cap;
- Waterproof and/or windproof jacket;
- Fleece jacket;
- Headlamp;
- Flipflops;

• Cell phone with charger (Vivo and Claro mobile operators offer coverage at the camp area). Write your name on all devices!

• Outlet taps (for multiple connections). Be aware of the new Brazilian standard (according to the image below), and identify all (with your name. Voltage is 220V.

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## What you MUST NOT do during Brasil Ride

- Do not jump over fences when lining up for the start;
- Do not use mineral water to refresh your head, wash any part of the body, wash bottles.... Exclusive use for drinking
- Do not follow any non-signaled course;
- You cannot have a motorcycle or support vehicle or a private photographer accompanying the racecourse.

- Do not enter the tent area with bikes.
- Do not wash clothes, shoes, helmets on camp (sinks, showers etc...);
- Do not step up the podium barefoot or wearing sandals or flip flops;
- Do not dispose litter or packages along the course.

## <u>FAQ:</u>

#### How do the bathrooms at Villa Brasil Ride camp look like?

To guarantee your comfort, bathrooms will be set up in containers with individual boxes and hot water. In order to keep the good functionality of toilets, please **do not dispose toilet papers or any kind of trash in the toilet bowl**, please keep it clean and use the trash bin. Washing apparel will not be allowed in any area of the camp (bins, showers, or bike wash).

#### How will the logistics of the new stage, the 5th stage that ends in Eunápolis, work?

This stage starts at the camp and ends in Eunápolis. At the camp, athletes must load their bags, which will be transported to the gym in Arraial d'Ajuda. In addition, athletes will be able to leave with the organization, at the camp and in a location indicated by the organization, a bag with a change of clothes, shoes and other belongings, to be taken to Eunápolis. The bag will be delivered in the athlete's kit.

The bikes will be transported between Eunápolis and Arraial d'Ajuda by properly prepared truck. When transporting the bikes, do not forget to remove all accessories from the bike (GPS, bottle, pump, equipment bag, etc.). The organization is not responsible for the loss or misplacement of these accessories.

#### Will there be mechanical service for the bikes?

Yes, we will have Shimano Neutral Assistance in both arenas. Tuning, adjustments, and repairs will be taken care of by the Shimano team, at no additional charge.

If you need any repair for your bike, please wash it first, and take it clean to the Shimano guys. In case there is the need for replacement parts (chain, derraileur, brake pads, tires...) they must be delivered by the athletes, and Shimano team will make the replacement at no cost.

Some bikes have personalized parts. Thus, we suggest you take spare dropouts, spokes, brake pads, etc.

# Will Shimano Neutral Assistance take care of my bike if it doesn't use Shimano parts?

Yes, since Shimano's team mission is to allow you to finish the race and live another stage in your life.

#### Will there be a massage lounge?

Yes, offered by the Fisionoesporte team of physical therapists from a specialized sports clinic. This service must be purchased. Massage packages can be purchased in advance with promotional prices. Make your reservation by phone: +55 11 98106-8250 / 96744-2894

You can also buy individual sessions at the lounge, with the normal price.

#### How can we charge cell phones and other electronics?

We will have a tent with power outlets for charging cell phones, GPS, cameras, etc. You must take your own charger with your name tag. We also suggest you bring a "tap" (multiple connection outlet). Be aware to the 220V voltage.

#### Will there be cellular signal in the camp?

Yes, Vivo and Claro mobile operators offer cellular signal and 4G data coverage in Arraial d'Ajuda and at the camp in Guaratinga.

#### Can I use my credit card at the camp?

For the purchase of services, drinks, and meals, we suggest that you bring cash, as the signal is unstable for payment with a machine.

#### Will there be special food for vegetarians?

If you have any restrictions or special dietary needs, please send an email to <u>br@brasilride.com.br</u> with the subject "Brasil Ride special food" explaining your situation.

#### Private assistance team at Villa Brasil Ride in Guaratinga?

Private support teams with their own structure will not be accepted inside the Brasil Ride arena in Guaratinga. The teams that bring support must be "self-sufficient", and will not be allowed to use any structure in the arena (water, electricity, bathrooms, tents). They must be installed outside the arena, remembering that there are private properties and must be dealt with directly with the owners.

#### Will friends and supporters be allowed at the Villa Brasil Ride camp in Guaratinga?

There will be a common area, outside the camping area, where expectators will be allowed to watch the start and finish, see the tents, and visit the local gastronomy area with food and drinks. Yet, there is a restricted area, where only athletes and staff members will be allowed. The access will be controlled, to guarantee safety, comfort, and infrastructure, calculated for the direct participants of the event.

This will be a unique experience of sharing between athletes and nature. Get ready for the thrill.

#### More questions?

We recommend reading race rulebook, available in the website. **Brasil Ride... more than a race, a stage in your life**