



BRASIL RIDE
PARAÍBA 2026

RIDER MANUAL

ULTRAMARATHON

October 10–17, 2026

João Pessoa and Serra da Raiz



The following information is subject to change.

YOUR JOURNEY

OCTOBER 10–17



Photo caption: Brasil Ride archive. Previous edition.

10/10 Saturday	Kit pickup João Pessoa
11/10 Sunday	Stage 1: Prologue and official bag drop-off João Pessoa
12/10 Monday	Stage 2: João Pessoa to the Brasil Ride Village Serra da Raiz
13/10 Tuesday	Stage 3: start and finish at the Village Serra da Raiz
14/10 Wednesday	Stage 4: start and finish at the Village Serra da Raiz
15/10 Thursday	Stage 5: start and finish at the Village Serra da Raiz
16/10 Friday	Stage 6: Return to João Pessoa João Pessoa
17/10 Saturday	Stage 7: Final stage João Pessoa

BRIEFINGS AND UPDATES

Details on each stage's schedule, start times, routes, cut-off times and hydration points will be shared in the official briefings and in the updates posted in the event's WhatsApp group. To join the group, [click here](#). Keep an eye on these channels during the event for guidance and any updates from the organization.

BEFORE YOU TRAVEL

DOCUMENTS, BIKE AND LUGGAGE

Welcome to the first edition of Brasil Ride Paraíba. We've gathered everything you need to know about your arrival, the seven stages, the camp and the return to João Pessoa. Get your documents, bike and luggage ready before you travel.

Check the documents required for registration and make sure you have your **printed medical certificate**.

Book your accommodation in João Pessoa. **Lodging in the city is the athlete's responsibility**; your entry includes the camping period at the Brasil Ride Village.

Service your bike and pack any specific parts you may need during the race, such as a derailleur hanger and brake pads. Also pack the personal items you'll need for the **four nights of camping**.

THE ARENA IN JOÃO PESSOA

The arena also hosts the starts and finishes of the stages held in João Pessoa. Plan your trips between your accommodation and the arena according to the official schedule.



KIT PICKUP

OCTOBER 10

Kit pickup takes place at the Brasil Ride Arena, at the Tamandaré Bust, Avenida Cabo Branco, s/n, on the João Pessoa waterfront.

ATTENDANCE AND DOCUMENTS

Registration and kit pickup must be done **in person** by each athlete. Brazilian athletes must present a photo ID; international athletes, a passport. ID documents may be presented in **digital format**.

Athletes registered in the **Solo Elite** category must also present a **UCI or national license valid for 2026**, which may be shown in digital format.

MEDICAL CERTIFICATE

The medical certificate must be presented **in printed form at kit pickup** and must have been issued within the six months prior to the event.

It must be issued on **official letterhead**, include the athlete's full name, and bear the doctor's legible signature and stamp with their **CRM** (medical license) number. **It must expressly state that the athlete "is fit to take part in high-intensity/endurance physical events."**

- The exemption applies only to **UCI Elite and U23** athletes.
- For all other athletes, **the certificate is mandatory: without it, you will not be allowed to race.**

LIABILITY WAIVER

Accepting the liability waiver online during registration is enough. There's no need to bring a printed copy or sign again at check-in.

EMERGENCY

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24-hour WhatsApp

KIT AND OFFICIAL BAG

- Official Brasil Ride Jersey
- Brasil Ride Cap
- Exclusive T-shirt
- Official athlete bag
- Bike plate with integrated timing chip and back number
- Participation medal, presented at the closing to all athletes
- Finisher T-shirt, exclusive to athletes who complete all stages within the cut-off times and in compliance with the General Rules

OCTOBER 11 - PROLOGUE

The first stage is the prologue, in João Pessoa. Follow the signage and the staff's instructions to enter the start area.

PACK AND DROP OFF YOUR BAG

The official Brasil Ride bag is part of your kit. Pack it with the items you'll need during the camp in Serra da Raiz. **Transport of this bag is included in your entry.**

October 11

4 PM TO 6 PM

Drop off your official bag at the Brasil Ride Arena in João

Lock your bag with a padlock, preferably a combination lock. Also label your electronic devices and chargers with your name.

Bike cases are not included in the official bag transport. Make your own arrangements for storing and transporting your bike case.

YOUR STAY AT THE VILLAGE

OCTOBER 12 - SERRA DA RAIZ

The second stage takes athletes from João Pessoa to the camp in Serra da Raiz. The Village will be the base for the following stages until the return to João Pessoa on Friday.

TENT AND ACCOMMODATION

Each athlete receives an individual waterproof tent with a mattress. Your entry includes four nights of accommodation at the camp. A VIP Bungalow option is available, subject to availability and booking.

Bring your sleeping bag or blanket, a towel and personal hygiene items. Bikes are not allowed in the tent area; use the Bike Park.

MEALS AND RESTAURANT

Four dinners and four breakfasts are included during your stay at the Village. The athletes' restaurant also hosts the award ceremonies and the briefings with information on the next stage.

Food and drinks will be available for purchase in the period before dinner, along with a lounge and hammock area for resting and socializing.

RESTROOMS AND SHOWERS

Restrooms and showers are reserved for athletes. Do not wash clothes, cycling shoes, helmets or gloves in the sinks or showers. Toilet paper and sanitary pads must be thrown in the bins, never in the toilets.

LIFE AT THE VILLAGE

FACILITIES AND COMMUNITY

WATER, POWER AND CONNECTIVITY

The Village has a drinking water point and facilities for charging phones, GPS units and other electronics, subject to the organization's operations. Bring your charger, labeled with your name. The voltage in Paraíba is 220 volts.

Cell signal and mobile data may vary depending on the carrier and location. Don't rely solely on your mobile connection during the stages. The carrier with the best signal is Claro.

ACCESS AND COMMUNITY

Access to the Village's restricted areas is controlled. Companions and outside visitors may not enter the restricted areas, including tents, restaurant, restrooms, showers, Bike Park, Bike Wash and other operational spaces.

Private support crews must stay within authorized areas and follow the organization's instructions.

BIKE PARK AND BIKE WASH

The Bike Park is the bike storage area, with controlled access. At the Village, bikes must stay in this area when not in use; they can only be collected by the athlete themselves, identified by their wristband and bike plate number.

A Bike Wash is available for cleaning bikes and gear, subject to the organization's operations. Follow the staff's instructions when using it.

STAGES AND COURSE

OCTOBER 13–15 · STAGES 3, 4 AND 5

Stages 3, 4 and 5 start and finish at the camp in Serra da Raiz. Attend the briefing before each stage to learn the details of the course and the aid stations.



AID STATIONS ON THE COURSE

During the stages, athletes have aid stations for hydration and refueling, with water, cold drinks, fruit and sweet and savory snacks. The number and location of each stage's aid stations will be announced at the previous day's briefing.

Water at the aid stations is **for drinking** only. Do not use it to wash your hands, bottles, bike parts or for bathing.

COURSE AND OUTSIDE SUPPORT

Follow the marked course and the organization's instructions. Do not throw trash or wrappers along the route.

Private cars, motorcycles, mechanics and photographers may not follow athletes on the course. Only crews accredited by the organization are authorized. Outside support may result in a penalty.

MEDICAL CARE

FACILITIES AT THE ARENAS AND ON EVERY STAGE

8

BEDS ACROSS BOTH ARENAS

Mobile Emergency Care Unit

15

HEALTH PROFESSIONALS

Spread along the course

The Brasil Ride Paraíba arenas will have a Mobile Emergency Care Unit (UMPA) with **eight beds** to treat athletes.

On every stage, a team of **15 professionals — doctors, nurses and first responders** — will be stationed along the course, with a care and rescue setup that includes:

- Mobile ICU
- Basic ambulances
- Two medical motorcycles
- 4x4 vehicle with a doctor and rescue staff



ANTI-DOPING

Participating athletes are responsible for knowing what constitutes an Anti-Doping Rule violation, for knowing which substances and methods are on the WADA Prohibited List, and for monitoring and ensuring their compliance with the entity's Anti-Doping Rules.

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MECHANICS, RECOVERY AND PHOTOS

SERVICES AND BOOKING

MECHANICAL SUPPORT

ProParts, in partnership with UpDown Bike Service, provides mechanical support to athletes. **Minor adjustments are offered to all athletes.** Bring parts specific to your bike, such as a spare derailleur hanger and brake pads.

Additional services, such as the **Mala Bike, Sport or Pro** packages, can be booked. Check prices and availability directly with UpDown Bike Service.

UPDOWN BIKE SERVICE · WHATSAPP - +55 83 99821-6633

MASSAGE AND RECOVERY

Fisio no Esporte offers sports massage, vibration massage, compression boots and cold-water immersion at the Brasil Ride Recovery Area.

Single sessions or packages can be booked directly with the team, including in advance, subject to availability. Check options, prices and scheduling.

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OFFICIAL PHOTO SERVICE — FOTOP

Some achievements deserve to go beyond the finish line. Fotop is the official platform for purchasing the event's digital photos, with a simple search so you can quickly find your images and relive every moment. Photo packages can be purchased at check-in or through the link below.

<https://fotop.com/eventos/brasil-ride-paraiba-2026/e/252206>

RETURN TO JOÃO PESSOA

OCTOBER 16 AND 17

On Friday, the sixth stage takes athletes from the Brasil Ride Village in Serra da Raiz back to João Pessoa. Drop off your official bag at the camp within the scheduled time for transport.

October 16

5 AM TO 6:30 AM

Drop off your official bag at the camp in Serra da Raiz

October 16

12 PM TO 7 PM

Collect your official bag at the Brasil Ride Arena in João Pessoa

The sixth stage award ceremony takes place at the Brasil Ride Arena in João Pessoa. Arrange your accommodation for your stay in the city.

BIKE PARK IN JOÃO PESSOA

The arena's Bike Park can be used to store your bike after the stages held in the city. Bikes must be collected by 5 PM. Bikes may not be left overnight at the João Pessoa Arena; each athlete is responsible for their own bike.

OCTOBER 17 - FINAL STAGE

The seventh and final stage takes place in João Pessoa. The Brasil Ride Arena hosts the start and finish of the stage.

AWARD CEREMONIES

To go up on the podium or stage at the award ceremonies, wear **closed-toe shoes**. Going up barefoot or in flip-flops or sandals is not allowed.

BAG CHECKLIST

FOR THE FOUR NIGHTS AT CAMP

Pack in your official bag everything you'll use during your stay at the Brasil Ride Village. Divide your supplements into portions to save weight and space.

HYGIENE AND PERSONAL CARE

- ☐ Toothbrush and toothpaste, soap, shampoo and deodorant.
- ☐ Personal hygiene items, razor if you use one, and chafing cream.
- ☐ Bath towel, sunscreen and insect repellent.
- ☐ Personal medication and a bag for dirty laundry.

CLOTHING AND PROTECTION

- ☐ Four jerseys, four bib shorts, four pairs of socks and gloves for the camping period.
- ☐ Underwear and casual clothes, such as T-shirts, shorts, pants, socks and a cap.
- ☐ Sneakers, flip-flops, a warm top and a waterproof or windbreaker jacket.

At the camp in Serra da Raiz, nighttime temperatures can drop to 15 °C (59 °F).

REST AND ORGANIZATION

- ☐ Sleeping bag or small blanket.
- ☐ Headlamp and earplugs.
- ☐ Padlock for your bag, preferably a combination lock.

NUTRITION AND EQUIPMENT

- ☐ Nutritional supplements for the stages, preferably divided into portions.
- ☐ Phone, GPS and chargers labeled with your name.
- ☐ Plug adapter suited to the available facilities, keeping in mind the 220-volt supply.
- ☐ Spare derailleur hanger, brake pads and other parts specific to your bike.

INFORMATION AND CONTACTS

BRASIL RIDE OFFICIAL CHANNELS

Follow the Brasil Ride website and read the ultramarathon rules.

www.brasilride.com.br

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